

AMERICAN BARBEQUE MENU ALERGENI SI VALORI NUTRITIONALE

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SANDWICHURI

BBQ Burger 280g

Chifla briosa 70g, carne de vita Black Angus 135g, branza feliata procesata tip cheddar, bacon 25g, salata iceberg, rosii 20g, castraveti murati 20g, sos barbeque, sos "American special" 20g. 8E

Valori nutritionale/portie

Valoare energetica: 902 Kcal (3774 kj), Grasimi 65.28g, acizi saturati 19.2g , glucide 76.8g:, zaharuri 9.6g, proteine 36.4g, sare 1.92g E415, E202, E211, E385, E160, E451, E250, E316

Alergeni: mustar, oua, gluten, lapte

Double Burger 450g

Chifla briosa 70g, carne de vita Black Angus 270g, branza feliata procesata tip cheddar 30g, salata lollo, ceapa, rosii 20g, castraveti murati 20g, ketchup, mustar, sos "American Special" 25g. 5E.

Valori nutritionale/portie

Valoare energetica: 1269 Kcal (5309 kj), Grasimi 82.8g, acizi saturati 23.4g , glucide 108g:, zaharuri 13.5g, proteine 69g, sare 2.25g, E415, E202, E211, E385, E160

Alergeni: mustar, oua, gluten, lapte

Quesadilla Pui 500G

tortilla 80g, carne pui 80g, sos branzeturi + mozzarella 75g, ardei, ceapa, ceapa verde, patrunjel, salsa, cartofi prajiti 180g, sos ranch 50g

Valori nutritionale/portie

Valoare energetica: 928 Kcal (3882 kj), Grasimi 34.6g, acizi saturati 10.2g , glucide 52.8g:, zaharuri 7.1g, proteine 38.3g, sare 1.6g, E415, E202, E211, E385, E160a, E270

Alergeni: gluten, mustar, lapte

Quesadilla Vegetariana 480G

tortilla 80g, sos branzeturi + mozzarella 60g, avocado, ardei, zucchini, vinete, baby spanac, valeriana, salsa, cartofi prajiti 180g, sos ranch 50g

Valori nutritionale/portie

Valoare energetica: 732 Kcal (3062 kj), Grasimi 26g, acizi saturati 5.6g , glucide 50.4g:, zaharuri 9g, proteine 21g, sare 1.6g, E415, E202, E211, E385, E160a, E270

Alergeni: gluten, lapte

Quesadilla Cheesesteak 500G

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500g; *tortilla 80g, carne vita 75g, sos branzeturi + mozzarella 75g, ardei, ceapa, ceapa verde, patrunjel, sos barbecue, cartofi prajiti 180g, sos ranch 50g*

Valori nutritionale/portie

Valoare energetica: 962 Kcal (3108 kj), Grasimi 38.6g, acizi saturati 9.6g , glucide 59.8g:, zaharuri 7.1g, proteine 39.3g, sare 1.6g, E415, E202, E211, E385, E160a, E270

Alergeni: gluten, mustar, lapte

Burrito Philly Cheesesteak 380G

tortilla 80g, mix branzeturi 75g, carne vita 100g, ceapa, ardei, sos branza, branza procesata de tip cheddar, condimente, orez 120g, sos ranch

Valori nutritionale/portie

Valoare energetica: 882 Kcal (3690 kj), Grasimi 46.6g, acizi saturati 22.6g , glucide 79.8g:, zaharuri 11.1g, proteine 48.3g, sare 2.1g, E415, E202, E211, E385, E160a, E270

Alergeni: oua, gluten, mustar, lapte

Burrito Chilli Con Carne 380G

tortilla 80g, mix branzeturi 75g, mix carne vita porc, sos rosii, ceapa, ardei, fasole, condimente, (chilli con carne, 120g), orez 120g, sos ranch

Valori nutritionale/portie

Valoare energetica: 782 Kcal (3108 kj), Grasimi 40.6g, acizi saturati 7.6g , glucide 66.8g:, zaharuri 11.1g, proteine 38.3g, sare 1.6g, E415, E202, E211, E385, E160a, E270

Alergeni: oua, gluten, mustar, lapte

Burrito Pulled Pork 380G

tortilla 80g, mix branzeturi 75g, carne porc pulled pork gatita lent din spata/ceafa porc, condimente-120g,, orez 120g, vinete, dovlecei, sos ranch

Valori nutritionale/portie

Valoare energetica: 874 Kcal (3656 kj), Grasimi 32g, acizi saturati 12.6g , glucide 76g:, zaharuri 18.1g, proteine 46g, sare 2.2g, E415, E202, E211, E385, E160a, E270

Alergeni: oua, gluten, mustar, lapte

Pulled Pork Sandwich 280g

Chifla 70g, carne porc pulled pork 120g, salata coleslaw 100g, sos Barbecue 20g. 6E

Valori nutritionale/portie

Valoare energetica: 743 Kcal (3108 kj), Grasimi 40.6g, acizi saturati 12.6g , glucide 49.8g:, zaharuri 13.1g, proteine 37.3g, sare 1.5g, E415, E202, E211, E385, E160a, E270

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Alergeni: oua, gluten, mustar

Philly Cheesesteak 340g

Bagheta 80g, vrabioara de vita 120g, branza feliata procesata tip cheddar 24g, sos branza cheddar, ceapa si ardei kapia prajite 120g, sos Barbecue 30g. 5E.

Valori nutritionale/100g

Valoare energetica: 255 Kcal (1067 kj), Grasimi 20.1g, acizi saturati 8.5g , glucide 10.8g:, zaharuri 2g, proteine 16.76, sare 0.6g E300, E415, E160a, E202, E270

Alergeni: oua, gluten, lapte

Beyond Burger 280g

Chifla vegana/briosă 70g, "carne" din proteine de planta (Beyond Meat) 113g, cascaval vegan tip cheddar 20g, salata lollo, ceapa, rosii 20g, castraveti murati 20g, sos vegan 20g. 3E.

Valori nutritionale/100g

Valoare energetica: 252 Kcal (1054 kj), Grasimi 18g, acizi saturati 6g , glucide 17.6g:, zaharuri 3g, proteine 19g, sare 0.3g E415, E202, E211

Alergeni: oua, lapte – varinta brioasa, "nevegana"

Veggie Burger 280g

Chifla briosă 70g, branza tip Halloumi 100g, vanata 20g, zucchini 20g, salata lollo, rosii 20g, sos Pesto 20g, sos "special pe baza de maioneza" 20g. 5E

Valori nutritionale/portie

Valoare energetica: 649 Kcal (2715 kj), Grasimi 57.1g, acizi saturati 35.84g , glucide 53.2g:, zaharuri 11.7g, proteine 50.4g, sare 1.1g, E415, E202, E211, E385, E160

Alergeni: oua, gluten, lapte, mustar

SIDES

Cartofi Prajiti 200g

Cartofi prajiti 200g, cu sare si cimbru uscat **3E, din produs congelat**

Valori nutritionale /100g:

Valoare energetica 154kCal (646kj), Grasimi 5.0g din care acizi grasi saturati 0.7g, Glucide 23g din care zaharuri 0.5g, Fibre 3.4g, Proteine 2.5g, Sare 0.70g. E450, E500, E415

Alergeni: gluten-free

Cartofi Prajiti cu sos Cheddar si ardei jalapeno 250g

Cartofi prajiti 200g, sos branza cheddar 40g, ardei jalapeno **7E, din produs congelat**

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Valori nutritionale /100g:

Valoare energetica 214kCal (1146kj), Grasimi 7.3g, din care acizi grasi saturati 3.2g, Glucide 24.3g din care zaharuri 1g, Proteine 3.8g, Sare 1.7g. E450, E452, E415, E270, E202, E160a, E500

Alergeni: lapte

Cartofi Prajiti cu sos aioli si patrunjel 250g

Cartofi prajiti 200g, sos aioli 48g, patrunjel **7E, din produs congelat**

Valori nutritionale /100g:

Valoare energetica 282kCal (1180kj), Grasimi 6.8g, din care acizi grasi saturati 2.1g, Glucide 23.5g din care zaharuri 1g, Proteine 3.7g, Sare 1.5g. E415, E202, E211, E385, E160, E500, E450

Alergeni: mustar, ou

Cartofi Dulci 200g

Cartofi dulci 200g, cu sare si cimbru uscat, **4E, din produs congelat**

Valori nutritionale /100g:

Valoare energetica 162kCal (680kj), Grasimi 5.7g din care acizi grasi saturati 0.6g, Glucide 24g din care zaharuri 14g, Fibre 3.4g, Proteine 2.0g, Sare 0.25g. E500, E415, E160, E161

Alergeni: gluten-free

Jalapeno Poppers 220g

Bulete de *branza* cu ardei jalapeno 170g, sos Ranch 50g **3E, din produs congelat**

Valori nutritionale /100g:

Valoare energetica 269kCal (1119kj), Grasimi 18g, din care acizi grasi saturati 9.7g, Glucide 21g din care zaharuri 1.9g, Fibre 0.9g, Proteine 5.2g, Sare 1.3g. E260, E412, E415

Alergeni: lapte

Mozzarella Sticks 220g

Batoane de branza mozzarella panetata si prajita 170g, sos Ketchup 50g **3E, din produs congelat**

Valori nutritionale /100g:

Valoare energetica 292kCal (1224kj), Grasimi 13g, din care acizi grasi saturati 8g, Glucide 29g din care zaharuri 3.5g, Proteine 13.5g, Sare 1.7g. E450, E461, E500

Alergeni: lapte, gluten

Onion Rings 220g

Inele de ceapa pane prajite 170g, sos Tartar 50g. **4E, din produs congelat**

AMERICAN BARBEQUE MENU ALERGENI SI VALORI NUTRITIONALE

Valori nutritionale /100g:

Valoare energetica 227kCal (840 kj), Grasimi 9.2g, din care acizi grasi saturati 1.2g, Glucide 27g din care zaharuri 4.1g, Fibre 2.8g, Proteine 2.9g, Sare 1.00g. 4E E415, E466, E339ii, E500

Alergeni: mustar

Mac N Cheese 300g

Macaroane 150g, sos de branza cheddar cu mozzarella 170g, patrunjel, **3E**

Valori nutritionale /100g:

Valoare energetica 164kCal (686kj), Grasimi 8.8g, din care acizi grasi saturati 2.7g, Glucide 14.5g din care zaharuri 2.3, Proteine 6.4g, Sare 0.11g. E415, E202, E270

Alergeni: gluten, lapte

Deep Fried Halloumi 220g

Branza tip halloumi prajita 170g, servita cu sos tzatziki 50g, **1E**

Valori nutritionale /100g:

Valoare energetica 243kCal (1016kj), Grasimi 24g, din care acizi grasi saturati 14.8g, Glucide 1.5g din care zaharuri 1.2g, Proteine 20g, Sare 3.2g.

Alergeni: lapte

Orez 250g

Orez basmati 240g, ulei, patrunjel

Valori nutritionale/portie

Valoare energetica: 348 Kcal (2242 kj), Grasimi 0.8g, acizi saturati 0.2g , glucide 76.8g:, zaharuri 0.1g, proteine 8g, sare <0.5g

Alergeni: gluten

Bacon Loaded Fries 380g

Cartofi prajiti 220g, sos de branza cheddar si mozzarella 50g, bacon 60g, ceapa caramelizata 30g sos "special Meatbusters" 25g, patrunjel **8E** , din produs congelat

Valori nutritionale /100g:

Valoare energetica 221.8kCal (926.8kj), Grasimi 12.4g din care acizi grasi saturati 5.7g, Glucide 21.47g din care zaharuri 1g, Proteine 3.31g, Sare 0.5g. E450, E500, E300, E160a, E415, E202, E211, E385

Alergeni: gluten-free, lapte, mustar

Chilli Con Carne Loaded Fries 400g

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Cartofi prajiti 220g, chilli con carne 100g (amestec carne vita-porc 50g, rosii conserva 25g, fasole rosie 20g, condimente), sos ranch 50g, patrunjel **4E** , **din produs congelat**

Valori nutritionale /100g:

Valoare energetica 213.8kCal (1299kj), Grasimi 11.8g din care acizi grasi saturati 3.6g, Glucide 20.6g din care zaharuri 0.7g, Proteine 6.2g, Sare 0.45g. E415, E202, E450, E500

Alergeni: gluten-free, lapte, mustar, ou

Pulled Pork Loaded Fries 400g

Cartofi prajiti 220g, carne porc pulled pork 125g (spata/ceafa porc gatita lent 100g, *sos barbecue* 20g, condiment), ardei jalapeno, *sos branza* 25g, ceapa si ardei prajite **8E** , **din produs congelat**

Valori nutritionale /100g:

Valoare energetica 218kCal (914kj), Grasimi 4.3g din care acizi grasi saturati 0.9g, glucide 13.6g din care zaharuri 1.3g, Proteine 6.8g, Sare 0.4g. E450, E500, E415, E202, E270, E211, E385, E160a

Alergeni: mustar

Philly Cheesesteak Loaded Fries 400g

Cartofi prajiti 220g, carne vita (vrabioara/antricot) 120g, *branza* feliata procesata tip cheddar 20g, mix legume(ceapa, ardei) 20g, *sos branza* 20g, *sos "special Meatbusters"* 20g, ceapa verde ,**8E din produs congelat**

Valori nutritionale /100g:

Valoare energetica 218kCal (912kj), Grasimi 14g din care acizi grasi saturati 1.7g, Glucide 18.65g din care zaharuri 1.2g, Proteine 8g, Sare 0.45g. E450, E500, E300, E160a, E415, E202, E211, E385

Alergeni: gluten-free, lapte, mustar

Barbecue Ribs Menu 600g

Coaste porc cca 350g, sos barbecue, cartofi prajiti cca 200g, salata de varza cca 100g, **5E**

Valori nutritionale/100g

Valoare energetica 171kCal (713kj), Grasimi 9.26g, din care acizi grasi saturati 3.38g, Glucide 9.9g din care zaharuri 0.6g, Fibre 0.5g, Proteine 11.5g, Sare 1.1 g. , E500, E450, E515, E202, E270

Alergeni: mustar

Deep fried Chicken Wings cca 300g

aripioare de pui panetate prajite 250g, sos aioli (ustuoroi, maioneza, pastrunjel) 50g

Valori nutritionale/portie

Valoare energetica: 522 Kcal (2184 kj), Grasimi 18g, acizi saturati 4.8g , glucide 26g:, zaharuri 1.5g, proteine 27g, sare 2g, E450, E500, E621, E415, E160c

Alergeni: telina, gluten, ou, mustar

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Chicken Strips cca 300g

fileuri de pui panetate prajite 250g, sos aioli (usturoi, maioneza, pastrunjel) 50g

Valori nutritionale/portie

Valoare energetica: 368 Kcal (1540 kj), Grasimi 13.4g, acizi saturati 2.8g , glucide 28g:, zaharuri 1.5g, proteine 33g, sare 2g, E450, E500, E621, E415, E160c

Alergeni: telina, gluten, ou, mustar

MENUS

Small Ribs Menu cca 550g

Coaste porc cca 250g, sos barbecue, cartofi prajiti cca 200g, salata de varza cca 100g, 5E

Valori nutritionale/100g

Valoare energetica 171kCal (713kj), Grasimi 9.26g, din care acizi grasi saturati 3.38g, Glucide 9.9g din care zaharuri 0.6g, Fibre 0.5g, Proteine 11.5g, Sare 1.1 g. , E500, E450, E515, E202, E270

Alergeni: mustar

CHILLI CON CARNE CU OREZ SI SALATA DE VARZA 400G

chilli con carne 100g (carne vita-porc 50g, pasta tomate 30g, fasole 20g, ceapa, condimente), orez basmati 250g sos ranch 50g, salata varza 100g, **2E, din produs congelat**

Valori nutritionale/portie

Valoare energetica: 484Kcal (2025 kj), Grasimi 5.5g, acizi saturati 1.8g , glucide 83.8g:, zaharuri 2.5g, proteine 84.8g, sare 1 g, E202, E270

Alergeni: gluten

PULLED PORK MENU 550G

Sandvis pulled pork cca 280g, 743 Kcal, cartofi prajiti cca 180g 308 kCal, salata varza cca 100g 40kCal, **din produs congelat**

Alergeni: gluten, musta, ou

SALATE

Beef Salad 320g

Mix de salata verde 80g, vrabioara de vita 120g, rosii cherry 60g, ardei kapia 40g, *branza dura*, sos chimichurri, dressing otet ulei 20g. **1E**

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Valori nutritionale/portie

Valoare energetica: 405 kCal (1695 kj), Grasimi 10.3g, din care acizi grasi saturati 2.5g, Glucide 33.45g din care zaharuri 3.2g, Proteine 33.8g, Sare 1.3g. E270

Alergeni: lapte

Caesar Salad 320g

Salata iceberg 100g, piept de pui 100g, rosii cherry 60g, *parmezan/branza dura*, crutoane, sos de branza 40g. 3E

Valori nutritionale/portie

Valoare energetica: 416 kCal (1740 kj), Grasimi 16g, din care acizi grasi saturati 4.4g, Glucide 19.2g din care zaharuri 4.8g, Proteine 27.52g, Sare 1g. E415, E150a, E202

Alergeni: lapte, mustar, ou

Salata Coleslaw 160g

Varza alba 50g, varza rosie 50g, morcov 20g, ceapa rosie, dressing de maioneza 30g, patrunjel. 5E

Valori nutritionale/portie

Valoare energetica: 243.2 kCal (1017 kj), Grasimi 16g, din care acizi grasi saturati 2.5g, Glucide 19.2g din care zaharuri 14.4g, Proteine 1.6g, Sare 0.3g. E415, E202, E211, E385, E160

Alergeni: mustar, ou

Cheesecake cu Fructe de Padure 140g

Prajitura 120g pe baza de blat de biscuiti, crema de branza, lamaie, adaos de zahar, afine, sos de fructe de padure 20g, 5E

Valori nutritionale/portie

Valoare energetica: 357 kCal (1495 kj), Grasimi 17.8g, din care acizi grasi saturati 5.6g, Glucide 39.8g din care zaharuri 25.2g, Proteine 9.3g, Sare 0.6g. E450, E500, E401, E516, E300

Alergeni: lapte, soia, nuci

BAUTURI

Apa Plata Dorna 500ml

Informatii nutritionale /100ml: Valoare energetic 0 kCal (0 kj), Grasimi 0g, Glucide 0g, din care Zaharuri 0g, Proteine 0g.

Apa Minerala Dorna 500ml

Informatii nutritionale /100ml: Valoare energetic 0 kCal (0 kj), Grasimi 0g, Glucide 0g, din care Zaharuri 0g, Proteine 0g.

Coca Cola 330ml

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Informatii nutritionale /100ml: Valoare energetic 42kCal (80kJ), Grasimi 0g, Grasimi saturate 0g, Glucide 10,6g, din care zaharuri 10,6g, Proteine 0g, Sodiu 0g. 1E

Fanta 330ml

Informatii nutritionale /100ml: Valoare energetic 43 kCal (180 kj), Grasimi 0g, Glucide 10.5g, din care Zaharuri 10.5g, Proteine 0g.

Mellow Orange 330ml

Suc de portocale cu continut 100% suc obtinut din fruct, fara adaos de zahar

Informatii nutritionale /100ml: Valoare energetica 40kCal (170kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 8.5g din care zaharuri 8.5g, Proteine 0.6g, Sare 0.01g.

Mellow Apple 330ml

Suc de mere cu continut 100% suc obtinut din fruct, fara adaos de zahar

Informatii nutritionale /100ml: Valoare energetica 45kCal (189kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 11g din care zaharuri 10g, Proteine 0g, Sare 0.01g.

Mellow Mango 330ml

Suc de mere (64.7%), suc de mango (30%), suc de lamaie (5%), extract de ghimbir (3%), fara adaos de zahar

Informatii nutritionale /100ml: Valoare energetica 54kCal (228kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 12g din care zaharuri 12g, Proteine 0g, Sare 0.01g.

Fritz Kola 330ml

Bautura racoritoare carbogazoasa cu cafeina, aroma de cola si indulcitori **(fara adaos de zahar)** Produs Vegan.

Informatii nutritionale /100ml: Valoare energetica <40kCal (169kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 9.9g din care zaharuri 9.9g, Proteine 0g, Sare <0.01g.

Fritz Kola Sugar Free 330ml

Bautura racoritoare carbogazoasa cu cafeina, aroma de cola si indulcitori **(fara adaos de zahar)** Produs Vegan.

Informatii nutritionale /100ml: Valoare energetica <1kCal (<4kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 0g din care zaharuri 0g, Proteine 0g, Sare <0.002g.

Fentimans Rose Lemonade 275ml

Bautura racoritoare carbogazoasa cu suc de lamaie (7%) si ulei de trandafiri.

Informatii nutritionale /100ml: Valoare energetica 41kCal (176kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 9.2g din care zaharuri 7.5g, Proteine 0g, Sare <0.001g.

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Curiosity Cola 275ml

Bautura racoritoare carbogazoasa cu extracte de radacina de ghimbir fermentat si aroma de cola.

Informatii nutritionale /100ml: Valoare energetica 34kCal (146kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 7.8g din care zaharuri 7.8g, Proteine 0g, Sare <0.001g.

Ursus 330ml

Ursus este o bere blonda superioara.

Informatii nutritionale /100ml: Valoare energetica 41 kCal (172 kj), Grasimi 0g, din care acizi grasi saturati 0g, Glucide 2.8g, din care zaharuri 2.6g, Proteine 0.6g Sare 0g

Zaganu Blonda 330ml

Zaganu blonda este de tip Pilsner, nefiltrata

Informatii nutritionale /100ml: Valoare energetica 52.28kCal / 100g. Grasimi 0g, din care acizi grasi saturati 0g, Glucide 0g, din care zaharuri 0g, Proteine 0.6g, Sare 0g

Zaganu Bruna 330ml

Zaganu bruna este o bere de stil "Brown Ale" nefiltrata.

Informatii nutritionale /100ml: Valoare energetica 80.70kCal / 100g. Grasimi 0g, din care acizi grasi saturati 0g, Glucide 0g, din care zaharuri 0g, Proteine 0.6g, Sare 0g

EXTRA

Sos Aioli & Patrunjel 50g

Maioneza 40g, usturoi, patrunjel **5E**

Informatii nutritionale /100g:

Valoare energetica 481kCal (1.982kj), Grasimi 51g, din care acizi grasi saturati 6.3g, Glucide 4.2g din care zaharuri 1.8g, Fibre 0.5g, Proteine 1.2g, Sare 1.7g. E415, E202, E211, E385, E160a

Alergeni: ou

Sos Ranch 50g

Ulei floarea soarelui, apa, iaurt din *lapte*, sare, otet, *mustar*, adaos de zahar, **2E**

Informatii nutritionale /100g:

Valoare energetica 305kCal (1264kj), Grasimi 27g, din care acizi grasi saturati 11g, Glucide 14g din care zaharuri 3.7g, Fibre 0.5g, Proteine 1.6g, Sare 2.3g. E415, E202

Alergeni: lapte, mustar

Sos Barbecue 50g

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Sos Barbecue 50g **2E**

Informatii nutritionale /100g:

Valoare energetica 166kCal (706kj), Grasimi 0.2g, din care acizi grasi saturati 0g, Glucide 0.9g din care zaharuri 31g, Fibre 1.2g, Proteine 1.2g, Sare 2.4g. E202, E270

Alergeni: mustar

Sos Cheddar & Ardei Jalapeno 50g

Sos din *branza* cheddar, ardei jalapeno 50g. **5E**

Informatii nutritionale /100g

Valoare energetica 294 kCal (1218kJ), Grasimi 26g, din care acizi grasi saturati 4g, Glucide 12g din care zaharuri 10g, Proteine 2.4g, Sare 1.5g. E452, E415, E270, E202, E160a

Alergeni: lapte

Sos Sriracha Mayo 50g

Maioneza 40g, sos sriracha. **5E**

Informatii nutritionale /100g

Valoare energetica 348kCal (1456kj), Grasimi 19g, din care acizi grasi saturati 2.8g, Glucide 26g din care zaharuri 17g, Fibre 0.5g, Proteine 1.2g, Sare 4g. E415, E202, E211, E385, E160a

Alergeni: ou

Sos Sriracha 50g

Sos Sriracha 50g. **2E**

Informatii nutritionale /100g:

Valoare energetica 155kCal (649kJ), Grasimi 0.7g, din care acizi grasi saturati 0.2g, Glucide 22g din care zaharuri 16g, Fibre 2.9g, Proteine 0.8g, sare 1.8g. E415, E202

Sos Special American 50g

Maioneza 40g, sos worchester, mustar, ketchup, boia dulce, piper. **5E**

Informatii nutritionale /100g:

Valoare energetica 481kCal (1.982kj), Grasimi 51g, din care acizi grasi saturati 6.3g, Glucide 4.2g din care zaharuri 1.8g, Fibre 0.5g, Proteine 1.2g, Sare 1.7g. E415, E202, E211, E385, E160a

Alergeni: ou

Sos Iaurt Menta 50g

Iaurt grecesc 40g, castravete proaspat, usuroi, menta, lamaie, sare si piper. **1E**

AMERICAN BARBEQUE MENU ALERGENI SI VALORI NUTRITIONALE

Informatii nutritionale /100g:

Valoare energetica 126kCal (523kj), Grasimi 10g, din care acizi grasi saturati 6g, Glucide 3.5g din care zaharuri 3.5g, Proteine 5.5g, Sare 0.2g. E270

Alergeni: lapte

Extra Bacon Felie

Bacon 25g. **2E**

Informatii nutritionale /100g

Valoare energetica 312kCal (1306kj), Grasimi 28g, din care acizi grasi saturati 11g, Glucide 2g din care zaharuri 0.1g, Proteine 13g, Sare 2.6g. E451, E250, E316

Extra Cheddar felie

branza feliata procesata tip cheddar cca 16g, **4E**

Informatii nutritionale /100g

Valoare energetica 308kCal (1279kj), Grasimi 24g, din care acizi grasi saturati 16g, Glucide 5g din care zaharuri 5g, Proteine 18g, Sare 3g. E322, E330, E202, E160a

Alergeni: lapte

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