



































Valori nutritionale / portie	Valoare energetica		Glucide g	Proteine g	Grasimi g	Zaharuri g	Sare g
	kcal	kJ					
1. Rata Crispy nood.grau  550g	1425	6012	246.9	61.2	21.7	2.3	9.2
2. Pui Crispy nood.grau  550g	1346	5690	246.3	77.2	5.4	2.1	10.9
3. Creveti cu orez si legume  500g	1201	5089	246.3	45.2	3.9	2.1	8.73
4.1 Noodles cu legume mare  550g	1672.5	7091	360.75	46.05	5.05	3.15	8.75
4.2 Noodles cu legume mic  400g	1252.45	5308.8	269.86	34.65	3.84	2.38	5.67
5.1 Noodles cu pui mare  550g	1420.5	6014	284.45	59.15	4.95	2.45	9.68
5.2 Noodles cu pui mic  400g	1100.8	4662.6	242.08	42.42	3.69	1.96	6.23
6.1 Noodles cu pachetele mare  550g	1685.5	7146	357.1	47.5	6.7	5.2	6.64
6.2 Noodle cu pachetele mic  400g	1234.3	5239	255.4	34.12	4.62	3.54	5.25
7. Supa picanta  380g	76	318	5.6	4.55	0.26	3.2	4.92
8. Creveti crispy  110g	133.1	557.7	21	8.91	1.43	1.65	1.09
9. Somon la gratar  550g	1361.8	5754	235.07	57.9	14.3	7.5	6
10. Creveti cu orez si legume  500g	1168	4945	242.4	38.3	3.6	1.5	6.9
11. Vita cu orez si legume  550g	1119	4743	206.1	64.25	3	3.65	6.26
12. Orez cu pui si legume 550g	1382	5846	279.9	27.75	4.6	1.75	7.54
13. Orez cu pui si sos Teriyaki  500g	1238	5232	225	68.8	5	1.5	3.08
14.1 Orez cu legume mare 550g	1623	6875	354.9	35.25	4.6	2.25	6
14.2 Orez cu legume mic 400g	1214.9	5145.6	265.44	26.4	3.5	1.7	3.6
sos Usturoi  60g	149	623.41	33	6	0.61	0	16.1
sos Teriyaki  60g	61.2	256.2	13.8	1.26	0	13.8	4.9
sos Thai Curry 60g	220	920.4	21.96	2.22	13.08	7.02	10.98
sos Dulce-acrisor 60g	109	456.05	24	2	0.3	12	0
sos Sweet Chilly 60g	130.2	550.8	30	0.78	0.48	29	2.1
sos Soia  60g	33.6	142.8	4.2	4.2	0	2.4	9.6
sos Hot Chilly 60g	83.4	351	0.72	1.38	16.8	13.2	4.38
15. Rata Crispy nood.orez  550g	1488	6283	271.9	47.4	22.5	4.7	7.5
16. Pui Crispy nood.orez  550g	1409	5951	271.3	63.4	6.3	4.5	9.38
17. Somon la gratar nood.orez  550g	1457	6159	271.5	52.4	15.64	4.7	6.3
18. Creveti cu orez si legume  500g	1264	5350	271.3	31.4	4.8	4.5	7.2
19.1 Nood.orez cu pui mare  550g	1494	6318	313.15	43.05	6	5.25	7.89
19.2 Nood.orez cu pui mic  400g	1158.8	4906.2	247.04	29.5	4.62	4.2	4.8
20.1 Nood.orez cu legume mare  550g	1767	7482.5	397.65	25.35	6.4	6.75	8.75
20.2 Nood.orez cu legume mic  400g	1323.4	5604.6	297.44	18.92	4.86	5.1	5.67
21. Pachetele de primavara  120g	228	965	43.2	7.2	2.2	2.4	1.2
2. Jiaozi  230g	458	1916.2	85.3	16.8	4.2	4.8	3.2

Alergeni	
	Soia
	Gluten
	Crustacee
	Oua
	Peste
	Susan